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Maryland’s health benefit plans are maintaining a track record of good performance across many of the measures and indicators being evaluated. When considering all measures, several stand out for high performance and corresponding star assignment.

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Performance Highlights

1. Primary Care and Wellness for Children and Adolescents

The results show that health benefit plans are maintaining a focus on services to children and adolescents. For HMO and PPO products, children received a visit to primary care providers within the first 15-30 months of life. The results also show that most plans ensure children and adolescents receive the required immunizations by their designated ages. Members are also being assessed and counseled properly for weight management in children. For female members, plans have also prioritized screenings for cervical cancer.

- Measure names:
- Childhood Immunization Status (Combo 10)
 - Immunizations for Adolescents (Combo 1)
 - Weight Assessment and Body Mass Index (BMI) Assessment for Children and Adolescents
 - BMI Percentile 3 - 17 Years - Total
 - Counseling for Nutrition 3 - 17 Years - Total
 - Counseling for Physical Activity 3 - 17 Years - Total
 - Non-Recommended Cervical Cancer Screening in Adolescent Females
 - Well-Child Visits in the First 30 Months of Life
 - Child and Adolescent Well-Care Visits
 - Follow-up Care for Children Prescribed ADHD Medications (Initiation Phase)

2. Respiratory Conditions

The results indicate that health benefit plans are properly managing patients with asthma and are providing treatment for members with upper respiratory infections. Additionally, pharyngitis testing is being provided for the 3–17-year age group.

- Measure names:
- Appropriate Treatment for Upper Respiratory Infection Asthma Medication Ratio (51-64 Years)
 - Appropriate Testing for Pharyngitis (3-17 Years)

3. Primary Care for Adults-Cardiovascular and Diabetes Conditions

Analyses indicate that statin therapy is being appropriately provided to those patients with a history of cardiovascular disease. Additionally, HbA1c levels in members are being properly controlled with appropriate guideline for testing.

- Measure names:
- Comprehensive Diabetes Care: - HbA1c Good Control
 - HbA1c Good Control <8.0%
 - Statin Therapy for Patients with Cardiovascular Disease
 - Received Statin Therapy – Total
 - Statin Adherence 80% - Total

4. Behavioral Health

The results show that health benefit plans are ensuring members admitted for depression are provided the appropriate medication coverage.

- Measure name:
- Antidepressant Medication Management - Continuation Phase Treatment of 180 days

5. Women’s Health

The results confirm that health benefit plans are ensuring members are receiving appropriate care for prenatal and postpartum visits.

- Measure name:
- Prenatal and Postpartum Care

*Data analyses and reports were provided by HealthcareData Company, LLC.